Almond and blueberry cookies

Makes 10

<u>Ingredients</u>

100g smooth almond butter (we've also tried it with cashew butter – or a mixture of these with peanut butter - and it works just as well)

40g ground almonds

50ml maple syrup

150g brown rice four

4 heaped tbsp coconut oil, melted

50g coconut sugar

50g fresh or frozen blueberries (or you can use dark chocolate chips, chopped nuts or dried fruit – we usually opt for dark chocolate!!)

- 1. Preheat the oven to 190oC/fan 170oC. Line a large baking tray with baking parchment.
- 2. Place all of the ingredients, apart from the blueberries (or equivalent) in a large bowl and mix until well combined. Then gently stir through the blueberries (or equivalent).
 - 3. Scoop balls of the mixture onto the lined tray then press them down a little bit to form a cookie shape.
- 4. Bake for 10-15 mins, until golden. Remove from the oven and leave to cool on the tray. Enjoy wither warm or at room temperature.

Source: Deliciously Ella